

# Registration Form

If you have any questions or have any suggestions for other activities you would like to see offered please contact Neil at 647.3207 or Mary at 647.7985 at the Recreation Office.

## PLEASE USE FORMS BELOW

I live in the city of Portland: Yes or No

If no, I live in the Township of: \_\_\_\_\_

Participant name: \_\_\_\_\_

Age: \_\_\_\_\_ Grade: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Activity(ies): \_\_\_\_\_

Session: \_\_\_\_\_

T-Shirt Size (If Applicable): \_\_\_\_\_

Willing to Coach (circle one, if applicable): Yes / No

I hereby, for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against the City of Portland, their respective agents or any facility used for this recreation program, for any and all injuries which may be suffered by my dependents in connection with my participation in the said program. I further represent that I carry medical hospital insurance and I understand that the city does not provide such insurance coverage for me.

\_\_\_\_\_  
Signature of Parent or Legal Guardian

\_\_\_\_\_  
Amount Enclosed

**Tennis Instruction** ~ Tennis Instruction and leagues for youth and adults will be offered thru the Portland Area Tennis Association (PATA) this summer. Players registering by June 1 will be guaranteed a T-shirt, after June 1 T-shirts will be given out while supplies last.

-Youth offerings include various age and ability appropriate programs for age 3 through high school

-Adult offerings include cardio programs as well as competitive and recreational singles and doubles leagues.

-To register or for more information contact Coach Niebling at 517.803.5348 or Coach Cross at 517.647.1823

## Ace of Diamonds Pitching Camp~

This softball camp is for any girl who is serious about pitching, for approximately age ten through high school. Three different skill levels available to enroll in. The clinicians will be Coach Jack Anderson, Coach Kelly Grys, and current college and high school pitchers. The camps will be held at the Portland Middle School gym June 13, 16, 20, 23, & June 27 for the following sessions

Session 1 (Intermediate) 8:30 - 10:00 am  
Session 2 (Advanced) 10:00-11:30 am  
Session 3 (Beginner) 11:30 am - 12:30 pm

To register or for more information about the camp or skill level objectives please contact coach Jack Anderson at (517) 647.7046

## Fitness Foundations Camp~ Grades 2-5 (Fall '11)

Get your kids active this summer! This program develops the foundational movement skills and abilities that promote life-long physical health and wellness. It will also lay the foundation for future success in athletics. Instruction led by Certified Youth Specialist, Lee Schneider of Character Athletics, LLC

**Dates:** Tuesdays, June 21-August 23

**Time:** 5:30pm-6:30pm

**Where:** Bogue Flats

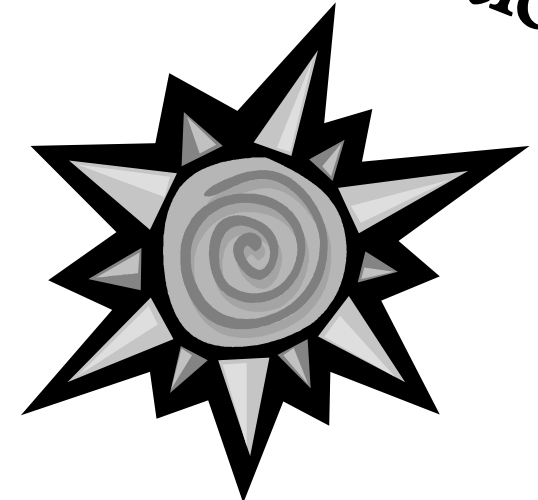
**Cost** (per child): \$35 before June 13

\$40 after June 13

Each participant will receive a **T-SHIRT**



# Portland Recreation



## SUMMER PROGRAMS

Please review the list of activities that Portland Recreation has to offer your family. Once you have found a program that you would like to participate in fill out the registration form and return it to City Hall. Our office hours are 8:00am-5:00pm Monday thru Friday and our mailing address is 259 Kent St., Portland, MI 48875.

If you have any questions about a program, feel free to give either Neil (647.3207) or Mary (647.7985) a call.

### Registration Information

Please return your registrations as soon as possible. Some programs have deadlines and others are open until filled.



# Portland

## Soccer Camp ~ Grades K-5th (Fall '11)

This camp is for both beginners and experienced players. Participants will learn fundamentals as well build upon the skill set they already have. Instruction will be led by Portland High Coach John Marcum at the Portland High field. **Cost:** \$25

**Monday-Thursday, June 13-16** (Friday June 17 as rain date)

- K-3rd grade 5:00pm-6:00pm
- 4th-5th grade 6:00pm-7:15pm

**Golf Instruction** ~ (Grades 3rd-5th) This instructional program is for both beginners and experienced golfers. Participants will learn basic mechanics as well as expand upon their current skill set. Instruction held at Willow Wood Golf Course

**Monday-Thursday, June 20-23 9:00am-11:00am.**

Participants encouraged to bring own clubs. Clubs provided to those without. Min. 5 participants to run program **Cost:** \$40

## Outdoor Adventure Camp ~ (6-14 yr olds)

This is a great program for the explorer in you. Learn new games and skills that relate to the outdoor world. It will run Monday thru Thurs July 25-28 9:00am to 1:00 pm with the students bringing a sack lunch to Bogue Flats. **Cost:** \$50.00

**Swim Instruction** ~ Swimming lessons will be available for all age levels this summer. Daytime and evening lessons will start in June and run until early August. The sessions will be offered in 2-week periods and are as follows:

**June 13-23 • June 27-July 8 • July 11-21 • July 25-August 4**

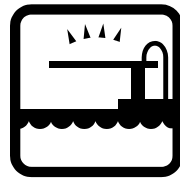
-Lessons offered 10:00am - 7:00pm at 8267 Carriage Lane

-\$ 40/2-week session - **Space is limited!**

-To enroll Call Rachel or Stephanie Miros at 517.526.4182

## Roller Hockey Camp ~ (Ages 8-14) (Monday thru

Thursday, June 27-30, 11:00am-1:00pm) This program will be held at the roller hockey court at the Bogue Flats. This program will cover the basics and fundamentals of roller hockey, and players must provide own equipment. **Cost:** \$35.00



# Parks &

## Tot Lot Children's Program ~ (4 & 5 yr. olds)

This is a camp for the wee ones and will include preschool type activities. The program will run from June 20.-23 Monday thru Thursday from 9:00am to 10:30 am. The program will be held in the Westwood Elementary Cafeteria with a minimum of 10 children and a maximum of 15. **Cost:** \$25.00

## Tot Soccer for 3 & 4 year olds ~ This program

combines instruction and scrimmages to help your child learn the basics of soccer. Children will be split up into teams, **coaches will be needed.** First half of the practice devoted to instruction and the second half will be a basic, introductory scrimmage.

(4) Tuesdays August 2 - 23 at Bogue Flats 6:00 to 6:45 pm.

Registration deadline July 13 **Cost:** \$25.00

## Sporties for Shorties~ Ages 4-5 (boys and girls)

The program will provide an opportunity to learn basic skills in a variety of different sports. Each day will introduce a new sport The program will run 2 days a week for 3 weeks 6:00-7:00pm. Mondays and Wednesdays July 11 - 27. **Cost** \$30.00

## Fitness Foundations Camp~ Grades 2-5 (Fall '11)

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**Dates:** Tuesdays, June 21-August 23

**Time:** 5:30pm-6:30pm

**Where:** Bogue Flats

**Cost** (per child): \$35 before June 13

\$40 after June 13

Each participant will receive a **T-SHIRT**

# Recreation

## Flag Football Camp ~ Boys and girls ages 4-8

will learn basic football fundamentals. Coaches needed.

(4) Tuesdays starting July 12th and ending Aug. 2nd at Bogue Flats

**4 & 5 year olds** 5:00-5:45pm

**6-8 year olds** 6:00-7:00pm

Registration deadline: July 1st **Cost:** \$15

## Flag Football League — Grades 2nd-3rd (Fall '11)

Games begin week of Sept. 12 - Registration deadline Aug. 3

Registration forms available at City Hall and online. For more information please call Neil at 517.647.3207

## Sand Volleyball & Dodgeball Leagues~

Leagues now being formed for both. Team requirements for both leagues: minimum of 6 players (3 male & 3 female)

Seasons Begin: Friday July 8 - Registration deadline: Wed June 22

**Cost** \$10 per player per league

## Kickball League ~ High School Coed Kickball leagues are

forming now. A minimum of 10 players per team.

Games played at Powers Park.

Season Begins: Wednesday July 6 - Registration deadline June 16

**Cost** \$10.00 per player, 8 Game Schedule.

For more info. please call Neil in the Recreation office 647-3207.

## Fishing Camp ~ (Boys and Girls ages 6-13) (Mon-Thurs

10am-11:30pm July 18-21) Learn the basics of fishing and aquatic life with the Parks and Rec. staff through fun, hands-on exercises. Participants are encouraged to bring their own fishing poles. Poles will be provided to those without.

Please Register by July 6th. **Cost:** \$15

## Fall/Spring Soccer — Grades 2nd-3rd (Fall '11)

Games begin week of Sept. 12 - Registration deadline Aug. 3

Registration forms available at City Hall and online. For more information please call Neil at 517.647.3207